

NLAA Funding Policy and Standards

Should the Newfoundland and Labrador Athletics Association have money available to fund (track and field) athletes attending track and field and cross-country competitions, the following criteria, conditions and standards will be applicable.

I. NLAA General Eligibility Criteria

The following criteria must be met by an athlete to be considered for a provincial team and/or to receive funding:

- A. Be a Canadian citizen or a landed immigrant in the process of acquiring Canadian citizenship, and;
- B. Have a permanent residence in Newfoundland and Labrador for at least six (6) months prior to team selection or receiving funding, or;
- C. Have a permanent residence in Newfoundland and Labrador or plans to resume permanent residency in Newfoundland and Labrador, but is temporarily residing outside Newfoundland and Labrador because of personal or spousal school or work requirements (the latter will be reviewed on each occasion by the NLAA Executive).
- D. Hold a current NLAA Track and Field Membership, for at least six (6) months, and be a member in good standing of the Newfoundland and Labrador Athletics Association prior to team selection or receiving funding, or;
- E. If previously affiliated with any other Athletics Canada Branch within the previous twelve (12) months, the athlete must establish residency in Newfoundland for a minimum of six (6) months and must be a registered Track and Field Member of NLAA for six (6) months prior to selection or receipt of funding, and;
- F. Final selection to the Team will be contingent on the athlete agreeing to abide by terms and conditions established by the NLAA, and participation in the Newfoundland and Labrador Team preparation programme including competition(s).

II. Conditions

- A. An athlete must meet all the **General Eligibility Criteria** set by the NLAA.
- B. An athlete must agree to represent the province of Newfoundland and Labrador when eligible at Canadian Championships and upcoming Canada Games competitions.
- C. An athlete must have achieved a designated **Canada Games** or **Senior level** standard prior to requesting funding. An athlete with no standard, will also be eligible to receive funding, if he/she achieves standard while away in competition.
- D. An athlete must submit a letter of **Intent of Funding** at least thirty (30) days prior to departure to a meet, preferably through their coach where possible.
- E. Submit a **Funding Application** within 30 days upon return of trip.
- F. An athlete cannot receive funding after the thirty day period. Exceptions only in outstanding circumstances to be determined by the Track and Field Committee.
- G. An athlete can claim funding only when competing in the event that standard was achieved. Exceptions can be made when he or she competes in an event that is part of the event group that standard was achieved (sprint, distance, jumps, throws).

- H. The NLAA office must authorize all meet travel in advance.
- I. Funding will be remitted following the athlete's return from competition.
- J. An athlete must have trained for at least six (6) months under the supervision of an NLAA registered and NCCP level 1 or higher fully certified coach. Exceptions to this rule must be approved by the Track and Field Committee.
- K. All standard making performances must be legal. Running performances achieved in a mixed competition are not acceptable for funding. In all running events, only standards achieved on track will be acceptable.
- L. Times for running events of up to and including 400m must be achieved under a Fully Automatic Timing System.
- M. Athletes with standards, meeting all other criteria and conditions, are eligible to claim entry fee for all Canadian Junior and Senior Championships. The NLAA will only reimburse Championships entry fee for events that standards have been achieved.
- N. Should an athlete achieve standards in two or more events, he/she would still only be eligible for funding as outlined in **item II.Q.**
- O. An athlete with standard achieved in the previous fiscal year (April 1), can be eligible to claim funding only once during the current year before achieving new standard - subject to proof of fitness.
- P. An athlete can request funding a maximum of three (3) times during a fiscal year - April 1 through March 31.
 - 1. Must attend a recognized quality track and field meet
 - 2. Cross-country: Canadian Championships. Achieving a track standard in 1500m or longer distance is required.
- Q. Provided that an athlete obtains the most reasonable fare, he/she can be funded up to 1/3 of the airfare to a maximum of \$500.00.
- R. An athlete must participate in the NLAA Outdoor Track and Field Championships to receive any funding. Attendance in the NLAA Cross-country Championships is mandatory if funding is requested for the Canadian Cross Country Championships. The following exceptions will be considered:
 - 1. Illness - a medical certificate is required plus a fitness test and the attainment of a minimum standard.
 - 2. Injury - as in the above.
 - 3. Exceptional personal circumstances as determined by the NLAA Executive, or;
 - 4. Conflict with a Track and Field competition, within one (1) week of the NLAA Championships, deemed to be of greater importance (e.g. Canadian Championships) OR attending out-of-province university and unable to return for the Championships, a written notification must be made to NLAA at least forty-five (45) days prior to the meet.
 - 5. Funding to prior events will be subject to the athlete competing in the NLAA Championships.

NLAA Funding Standards April 1, 2010 - March 31, 2011

Canada Games Age Athletes

Men Born in 1991 and later
Women Born in 1991 and later

MEN.	Events	WOMEN
11.45..	100m	12.94
23.00..	200m	26.41
51.53..	400m	61.04
2:00.3.	800m	2:23.1
4:08.9.	1500m	4:54.7
15:44.3.	5000m	18:55
33:21.	10000m	40:28
16.34.	110/100mH	16.10
59.09.	400mH	1:08.47
9:58.95.	3000S/C	--
1.87.	High Jump	1.55
3.68.	Pole Vault	3.00
6.40.	Long Jump	5.01
12.92.	Triple Jump	10.50
34.82.	Discus Throw	30.59
37.02.	Hammer Throw	35.28
47.53.	Javelin Throw	32.30
11.76.	Shot Put	10.00
4897 pts.	Dec/Hep	3560 pts

Senior Athletes

Men Born in 1990 and earlier
Women Born in 1990 and earlier

Events	MEN	WOMEN
100M	10.82	12.32
200M	22.06	24.99
400M	49.58	55.99
800M	1:54.72	2:11.74
1500M	3:53.53	4:26.45
3000M	8:39.04	9:54.89
5000M	14:40.10	16:53.67
10000M	30:54.89	35:28.7
100/110MH	15.06	14.37
400MH	54.50	1:01.64
High Jump	2.04	1.71
Pole Vault	4.94	3.95
Long Jump	7.26	5.66
Triple Jump	14.21	11.63
Shot Put	15.50	13.40
Discus Throw	49.50	45.97
Hammer Throw	56.80	45.80
Javelin Throw	63.37	44.39
Dec/Hep	6604 pts	4752 pts