

2011 Legion Team Application

(Please read carefully and complete entirely!)

Age as of December 31, 2011 15 & under [] 17 & under [] Male [] Female []

NLAA Membership #: _____

Name: _____

Birth Date mm/dd/yy: _____

Address: _____

Club: _____

Postal Code: _____

Coach's Name: _____

Telephone #: _____

Coach's Phone: _____

In the space below list your best three (3) results, year 2011, in all events you would like to be considered for selection. Please fill in the form completely and accurately. You may be asked to provide official results if you have met the standard at a meet held outside of Newfoundland. Please note below weight of throwing implement.

			FOR NLAA USE ONLY	
Event	Performances	Meet/Location/Date		
1.	-----	-----		
	-----	-----		
	-----	-----		
2.	-----	-----		
	-----	-----		
	-----	-----		
3.	-----	-----		
	-----	-----		
	-----	-----		

Please circle the appropriate size:

Singlet: S M L XL

Sweat Suit Top: S M L XL

Shorts: S M L XL

Sweat Suit Pants: S M L XL

- Any athlete who wishes to be considered for the Legion team must complete or have his or her coach complete this form.
- All athletes applying for the 2011 Legion Provincial Team must be NLAA 2011 Track and Field (\$40) registered members PRIOR TO the start of competition in order to have their result(s) count toward selection of the Provincial Team representing Newfoundland and Labrador Command at the Legion National Track & Field Championships.
- All forms must be turned in to NLAA Technical Director no later than the end of the Provincial Royal Canadian Legion Championships, July 8-9, 2011, Pearlgate Track and Field Complex, Mt. Pearl.
- Please remember that a photocopy of documents showing proof of age SHOULD accompany this form, to be considered for selection. Final Team Selection is contingent on athletes submitting proof of age within 48 hours of team announcement. **Alternates will be selected to travel to the National Meet if team members are unable to provide proof of age by the deadline!**

Date: _____

Signature of Applicant: _____



LEGION NATIONAL TRACK & FIELD CHAMPIONSHIPS

PART 1: ATHLETE PROFILE

Name _____ Male Female

Address _____ Date of Birth _____
 (City/Province/Postal Code) (day/month/year)

Phone Number () _____ E-Mail Address: _____

Health Card Number/Expiry Date _____

Allergies and/or Special Diet, disability, etc: attach a list as required (attachment: Yes No)

Clearly indicate all medication that the applicant must use during the event period. These must be clearly marked and the on-site medical person informed upon arrival. (Name of medication, condition for which it is prescribed, and dosage): attach a list as required (attachment: Yes No)

If you are a vegetarian or vegan, attach a list of foods you will not consume (attachment: Yes No)

Contact in case of emergency: Name _____

Relationship _____ Phone () _____

PART 2: ATHLETE RULES & REGULATIONS

1. All athletes must attend the Championships for the duration of the event. Early departure is not permitted. Athletes must adhere to this rule upon signing this form or forfeit their position on their Provincial Command team.
2. Room keys are to be kept with you at all times. The replacement fee for a lost key will be \$45.00. Replacement keys will not be provided until payment has been received.
3. All athletes are required to use the buddy system and are to never be left alone with a chaperone or coach in a one-on-one situation.
4. When mixed company is in a room, doors must be left wide open.
5. You must lock the door to your room when you leave it or retire for the night.
6. Once registered into your room, you will be responsible for any damages caused. You are required to make your beds and keep your room tidy.
7. Washrooms, baths and showers are shared, so please leave these areas clean.
8. The quarters will provide bed linen. No other amenities are provided. It is strongly suggested that participants bring shampoo, soap, towel(s), etc.



9. Help keep the residence and grounds clean. Do not throw refuse around the grounds. Use the proper receptacles for trash.
10. You must not leave campus without prior authorization from your chaperone and are required to report in on your return. No off-campus visits will be permitted on Saturday and Sunday.
11. Report any damages to your chaperones immediately. You are responsible for any damages to your room and loss of bedding, and will be assessed for them.
12. You are not allowed to use or have in your possession any alcoholic beverages or illegal drugs. Any infraction of this rule, or misbehaviour, will result in immediate contact with your parents, return home and/or possible suspension up to two years by your Provincial Athletic Association.
13. All athletes must be on their respective floors by 22:45 pm and adhere to curfew, which is 23:00 every evening except the last day (00:30). Curfew means lights out, sound systems off, doors closed. There are no exceptions.
14. All athletes must attend the training camp clinics, regardless of whether they have a minor injury or illness or are tired. Athletes are not permitted to be in the residence during clinic sessions.
15. Unauthorized persons are not permitted in the residences, except in the lobby.
16. You are not permitted to have or bring "wheels" on the campus, nor can they be rented, i.e. cars, skateboards, roller blades, bicycles, etc.
17. Cellular phones, Ipods and MP3 players are to be turned off during clinic sessions and at curfew. If you persist in using these devices you will be given a warning, followed by confiscation. As well improper use of cell phone cameras or any other picture taking device will not be tolerated.
18. You are encouraged to bring a dressy outfit for the Closing Banquet.
19. Policy on airline ticket changes: Once a participant's itinerary is finalized and the airline ticket has been issued, no further changes will be made, except in special circumstances. Any associated charges will be the responsibility of the individual.
20. You must bring your Provincial Health Card to the Legion Nationals and keep it in your possession at all times. If you possess a provincial health card which indicates an expiry date, you must ensure that the card is current and will not expire during the time frame of this event.
21. For air travel, in accordance with government regulations, airlines now require government issued photo IDs at the departure gate for all passengers who appear to be over 12 years of age. The name on the ID must match the name used on the reservation or ticket.
22. Individual privacy is of the utmost importance and will be respected at all times. As such behaviour which infringes on an individual's privacy is considered a major infraction with corresponding results. This includes the improper and unethical use of picture taking devices and the transmission of such images during and after the event.



PART 3: DECLARATIONS

I certify that I have read the above rules and regulations (part 2); I understand them and will abide by them for the duration of the Championships.

I, the undersigned, grant to The Royal Canadian Legion permission to use images of me photographed at the National Track & Field Championships for purposes of display, ceremonies, publication and digital representation and other purposes in relation to the promotion of The Royal Canadian Legion and/or the Legion National Track and Field Championships. I also give consent for the free use of my name and/or picture in any broadcast, telecast or other account of the above event.

I, for myself, my heirs, executors and administrators and successors hereby release and forever discharge The Royal Canadian Legion, its agents, servants, representatives, successors and assignee and other bodies, corporate firms associations or persons connected with the competitors of any and from any and all rights, claims, demands and actions whatsoever that I may have for any and all loss, damage to my equipment or injury sustained by me during the said competition.

I attest and verify that I am physically fit. I further provide my consent for the provision of emergency medical treatment, if necessary.

A variety of therapeutic services may be provided for the athletes attending a Legion Provincial and/or National Track and Field Competition. The therapists may be student therapists that are completing clinical hours as part of their educational program. The athletes may wish to receive treatment before their events to limber up their muscles or following their event to cool down and prevent lactic acid build up in their limbs. The student therapists will be supervised by registered therapists at all times and the treatment will be performed through clothing or directly on skin on areas already exposed (i.e. legs, arms, etc). All athletes under the age of 18 must have a parent or legal guardian indicate their consent before any of the therapeutic services are performed.

Consent Yes No

I certify that I have read the above declarations; I understand them and acknowledge the requirement.

Name of Athlete (please print)

Signature of Athlete

Name of Parent/Guardian (please print)

Signature of Parent/Guardian

PART 4: ATTACHMENTS (as required)

1. Allergies and/or Special Diet, disability, etc. (attachment: Yes No)
2. Medication that the applicant must use during the event period. (attachment: Yes No)
3. A list of foods you will not consume. ((attachment: Yes No)