

2022 Canada Summer Games

NLAA Team Selection Policy

Athletics, Para-Athletics and Special Olympics

The 2022 Canada Summer Games are scheduled for August 6-21 in Niagara, Ontario; Athletics is in the 2nd week. Athletics Travel Days (week #2): Depart on Sunday, August 14; return on Monday, August 22, 2022

The Newfoundland and Labrador Athletics Association (NLAA) strives to select athletes to the Canada Summer Games Team fairly and without bias. Furthermore, the NLAA's goal is to select the best possible team a) through a transparent process where the "self-selection" system will have precedence; b) committee selection based on athletes' performance and long-term commitment to the sport of Athletics.

1. **Athlete Eligibility Criteria - To be eligible for consideration for team selection, athletes must:**
 - 1.1. NLAA Membership: Must hold a 2022 NLAA track and field member before June 1, 2022, and be a good standing member.
 - 1.1.1. Member in Good Standing – A member in good standing, who has paid all lifetime and annual activity fees, is not under temporary or permanent suspension and not in violation of any Athletics Canada and NLAA Policies. Only members in good standing are entitled to receive membership services and to participate in NLAA events.
 - 1.2. Meet all requirements outlined in the remainder of this document. Final selection to the Newfoundland and Labrador Team will be contingent on the athlete agreeing to abide by the terms and conditions established by the NLAA. Athletes must agree to continue regular training, participate in the NLAA Team preparation programme, including competition(s), training camp(s), assembly camp(s) and the 2022 Canada Summer Games. All prospective team members must sign a conduct and obligations policy before the beginning of the selection meeting. Breach of any part of this policy could result in de-selection at any time.
 - 1.3. Meet all conditions and eligibility criteria as outlined in:
 - 1.3.1. 2022 Canada Summer Games Athletics Technical Package - <https://www.canadagames.ca/sports/athletics>
 - 1.3.2. Team NL Canada Games Policies & Procedures Manual (<http://www.teamnl.ca/documents>)
 - 1.4. Age:
 - 1.4.1. Able-Bodied: Under 25 as of December 31, 2022, born in 1998 or later.

- 1.4.2. All Para-Athletics Classifiable athletes must be Under 37 years of age as of December 31, 2022 – born 1986 or later.
- 1.4.3. Special Olympics athletes must be under 32 years of age as of December 31, 2022 – born in 1991 or later.
- 1.5. Permanent residence:
 - 1.5.1. Be a Canadian citizen or a landed immigrant in the process of acquiring Canadian citizenship.
 - 1.5.2. An athlete's permanent domicile or actual residence must be located, for at least 180 days before the opening of the Games, within the recognized boundaries of the Province or Territory they are representing. An athlete can have only one domicile.
 - 1.5.3. Have a permanent residence in Newfoundland and Labrador or plans to resume permanent residency in Newfoundland and Labrador, but is temporarily residing outside the province because of personal or spousal school or work requirements (the latter will be reviewed on each occasion).
 - 1.5.4. An athlete attending school on a full-time basis outside his or her province or territory of permanent residence during the year of the Canada Games shall be permitted to compete for either their province or territory of permanent residence or the province or territory in which the athlete attends school. To be eligible to compete for the province/territory where the athlete attends school, the student must be enrolled on a full-time basis during the current academic year (2021/2022).
- 1.6. Complete Canada Games Gems Pro Registration by **June 26, 2022**.
- 1.7. If previously affiliated with any other Athletics Canada branch within the previous twelve (12) months, the athlete must establish residency in Newfoundland and Labrador for a minimum of six (6) months and must be a registered Track and Field Member of NLAA before **June 1, 2022**.

2. **General Selection Principles, Criteria and Conditions**

- 2.1. The 2022 Canada Games Selection Meet (Trials), date TBD, are MANDATORY for all athletes. All athletes who plan on being named to Team NL in 2022 must compete at the trials in their declared event(s), noting selection criteria points 5.3.1, 5.3.5 and 5.3.8 in regards to not competing at trials.
- 2.2. All athletes who wish to be considered for team selection must:
 - 2.2.1. Submit a "Canada Summer Games Team Application" by the end of the **NLAA Canada Games Selection Meet**.
 - 2.2.2. Achieve an NLAA Minimum Performance Standard during the designated Qualifying Period and/or be selected as per the **Athlete Selection Procedure**.
- 2.3. Qualifying Period:
 - 2.3.1. The "Qualifying Period" for each event begins on **April 1, 2022, and ends at the completion of the event at the 2022 Canada Games Selection Meet**. (outdoor competitions only).

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- 2.3.2. No performances achieved in any event before or after the Qualifying Period will be valid for selection to the Canada Games team.
 - 2.3.3. It is the athlete's responsibility to supply a copy of the official results within 48 hours after the event when attending out-of-province competitions. Performances will not be considered for selection where no official results are available.
 - 2.4. Legitimate Performances only:
 - 2.4.1. Selection standards are Senior Specifications only.
 - 2.4.2. For a performance to be eligible for NLAA Team selection, an athlete must hold a current Athletics Canada/NLAA track and field membership **when the Canada Games performance standard is achieved.**
 - 2.4.3. Only World Athletics (WA) legal performance will be eligible for team selection (for example, false start rule, wind velocity, Athletics Canada sanctioned competitions, NLAA designated competitions etc...)
 - 2.4.4. All performances for all events must be attained at a sanctioned meet recognized by NLAA, other provincial branch or member Athletics Association of the World Athletics.
 - 2.4.5. All out-of-country results must be reported to the NLAA office and verified by official website results and/or included in Athletics Canada rankings.
 - 2.4.6. Only legal electronic times with a wind reading of not greater than 2.0 meters per second will be accepted to achieve standards during the 2022 outdoor season in the 100m, 200m, 100m hurdles, 110m hurdles, long jump, and triple jump. Hand times will not be accepted. This article will not apply for performances done during the 2022 Selection Meet.
 - 2.4.7. Standards in all running events will be considered for team selection when achieved under a Fully Automatic Timing and Photo Finish System approved by WA. No hand-timed performances will be accepted.
 - 2.4.8. 5000m - Performances at 5000m will be accepted only if they are legal performances on the track. Results from the mixed competition are allowed. Under no circumstances will road race performances be considered.
 - 2.5. In-province designated competitions held in 2022 are eligible to achieve Canada Games performance standards:
 - 2.5.1. Canada Summer Games Selection Meet
 - 2.5.2. NLAA Provincial Age-Class Championships
 - 2.5.3. Legion Provincial Track and Field Championships
 - 2.5.4. NLAA Senior High School Meet
 - 2.5.5. NLAA Junior High School Championships
 - 2.6. Requests for an exemption to attend or to skip the Canada Games Selection Meet - Extenuating Circumstances.
 - 2.6.1. Athletes or their representatives must send their request in writing to the NLAA Provincial Office and be reviewed by the Canada Games Coaching Committee. Approval to skip the Selection Meet does not grant commitment for team selection. Athletes who have been exempt from the Selection Meet must rank

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- first or second in that event against other event applicants and fall within the minimum team performance standard.
- 2.6.2. Athletes or their representatives must submit their requests at least forty-five (45) days before the **Selection Meet**. Any request sent after this time will be heard but will be subject to stricter evaluation. Circumstances such as illness, injury, or periods of bereavement will not be subject to the same time constraints but must be communicated as soon as possible. Documentation may be required.
 - 2.6.3. Illness or injury - a medical certificate is required, plus a fitness test and the attainment of a minimum standard before selection.
 - 2.6.4. The performance level is an important factor during the assessment of extenuating circumstances. If an athlete with multiple performances beyond the A standard has an extenuating circumstance, the request will have a far greater likelihood than an athlete with a single B standard.
 - 2.6.5. Examples of extenuating circumstances include but are not limited to national team events/opportunities, post-secondary educational events, and family emergencies.
 - 2.6.6. Athletes attending out-of-province universities must attend the Selection Meet.
 - 2.6.7. Athletes temporarily residing out of the province or in Labrador must attend the Selection Meet.
- 2.7. Alternates - Up to four male and four female athletes may be selected as alternates.
 - 2.7.1. Alternates must meet the Eligibility Criteria;
 - 2.7.2. Athletes must achieve at least a minimum performance standard and will be selected to the team according to the Athlete Selection Procedure;
 - 2.7.3. Substitutions will be made with due regard to Canada Summer Games (CSG) substitution rules and may involve athletes placing below second place at the Selection Meet.
 - 2.8. Events:
 - 2.8.1. A maximum of two (2) athletes per event in each gender will be selected.
 - 2.8.2. There is no limit to the number of events a competitor may enter in the Games; however, in most cases, the Games meet schedule does determine what is reasonably feasible for the athlete to consider.
 - 2.8.2.1. The Canada Games Coaching Committee reserves the right to limit the number of events an athlete with standards "B" or "Minimum" can enter at Canada Games.
 - 2.8.3. All athletes must compete in the same event at the Selection Meet as they would in the Games.
 - 2.8.3.1. If an athlete wishes to compete in a different event in the Games, then they will have to be re-selected for that event. An athlete may be entered in additional events if performances in those event(s):
 - 2.8.3.1.1. Are equal to, or surpass, the published "Minimum" standard.
 - 2.8.3.1.2. Do not displace another athlete already selected in that event.
 - 2.8.3.1.3. Would not hinder performance in the primary selected event as determined by the Canada Games Coaching Committee in consultation with the athlete and personal coach.

- 2.8.3.2. Exceptions - Canada Games Coaching Committee may excuse athletes with an “A” standard in the 1500m, 5000m, and 3000m S/C to participate in those events so that they can compete in alternate events at the Selection Meet.
 - 2.8.3.2.1. The “Exceptions” process is not automatic, and athletes must apply to the Committee in writing at least two weeks before the Selection Meet.
- 2.8.4. After being named to the Team and during the Canada Games competition, an athlete may only compete in the event(s) he/she was selected to the team OR as a relay member as outlined in the Athlete Selection Procedure. Exceptions as in 2.8.3.1.
- 2.8.5. Decathlon and Heptathlon:
 - 2.8.5.1. No in-province competition will be offered for these events.
 - 2.8.5.2. Athletes wishing to be considered for team selection in Decathlon or Heptathlon must notify the NLAA Office of their intent by **April 1, 2022**.
 - 2.8.5.3. The Canada Games Coaching Committee will assess all athletes’ application to participate in the decathlon or heptathlon and may be given the opportunity to attend an out-of-province meet.
- 2.8.6. Pole Vault:
 - 2.8.6.1. Athletes wishing to be considered for team selection in the Pole Vault must notify the NLAA Office of their intent by **April 1, 2022**.
 - 2.8.6.2. Pole Vault competition will be held indoors at the PowerPlex Facility in St. John’s up to 2 weeks before the Selection Meet.

3. Athlete Requirements to Maintain Selection:

- 3.1. “Competitive Ready” is defined as the ability of the athlete to achieve equal or superior performance(s) on-site at the scheduled event, as compared to the performance(s) the athlete achieved in qualifying for nomination to the team.
- 3.2. Following selection to the 2022 Canada Games, NLAA team staff will monitor the training process, physical readiness and health status of team members to compete in the Games with the option of substitution for athletes who do not meet the Competitive Readiness.
- 3.3. Once nominated, athletes with questionable competitive readiness because of lack of fitness, injury, or illness may be removed from the team at any time. Athletes are required to immediately report any injury, illness, or change in training that could affect their ability to compete at their highest level, the Canada Games. Notification must be sent to the NLAA office.
- 3.4. Athletes unable to perform at the “Competitive Ready” level due to injury, illness, or lack of fitness will be evaluated in 2 distinct steps before their entry is confirmed to the team. The final decision on competitive readiness will be made by the Canada Games Coaching Committee at least one (1) week before team departure using all available information gathered in the 2-step process:
 - 3.4.1. STEP 1: Medical Clearance

- 3.4.1.1. To be completed by the athlete's doctors and health care providers and/or with assistance from personnel at the NL High-Performance Centre. The evaluation will include a detailed prognosis and an estimate of when the athlete can be cleared for training and competition without risking further injury or illness. This information will be provided to the NLAA office as it becomes available.
 - 3.4.2. STEP 2: Specific Evaluation
 - 3.4.2.1. When medical clearance has been granted, the athlete's fair and reasonable event-specific performance test will be completed and evaluated by the Canada Games Coaching Committee in consultation with the athlete's personal coach.
- 3.5. If the Committee cannot establish competitive readiness before departure, the athlete will not travel with the team.

4. Athlete Appeals Mechanism

- 4.1. Only athletes who meet the a) Athlete Eligibility Criteria; b) General Selection Principles and; c) Athlete Selection Procedure may submit an Appeal for Selection.
- 4.2. No person can serve on the Team Selection and Appeals Committees. Only after all appeals have been exhausted will the team become official.
- 4.3. An appeal shall be heard ONLY on the grounds that the selection process and final decision was flawed based on:
 - 4.3.1. The selection committee failed to follow procedures in the approved selection criteria;
 - 4.3.2. The selection committee failed to consider relevant information or took into account irrelevant information in making the decision;
 - 4.3.3. The selection committee exercised its discretion for an improper purpose; and/or
 - 4.3.4. The selection committee made an unreasonable decision.
- 4.4. The athlete shall be given 24 hours to request an appeal. This 24-hour period shall begin at midnight after the names of the preliminarily selected athletes have been posted online at www.nlaa.ca/track-and-field/canada-games/.
- 4.5. The athlete must present their reasons for appeal in writing to the Chair of the Appeals Committee.
- 4.6. The Appeals Committee shall review the correspondence and decide whether or not the request has grounds for a hearing. They shall also review all selection procedure documentation from the selection committee.
- 4.7. If there are no legitimate grounds, the Chair of the Appeals Committee shall call or email the athlete advising her/him of the decision. This will be followed up with a formal letter to the athlete.
- 4.8. If the Appeals Committee feels there are grounds for an appeal hearing, the following procedures will take place:
 - 4.8.1. The Chair of the Appeals Committee shall select a designated place, date and time to hear the appeal. This will be done no later than 48 hours upon receipt of the appeal request.

- 4.8.2. The Appeals Committee shall hear the athlete's complaint. He/she may be accompanied by an athlete advocate (parent or guardian or legal advisor etc.) in-person or virtually.
- 4.8.3. The Appeals Committee shall hear from the Selection Committee.
- 4.8.4. The Appeals Committee will make a final decision at the appeal hearing, and the decision shall be final and binding.
- 4.8.5. The Appeal's Committee Chair will contact the athlete no later than 24 hours after the hearing by phone to advise her/him of the outcome. This will be followed up by a formal letter and a copy of the appeal findings and recommendation.
- 4.8.6. The Appeal's Committee Chair will contact the Head Coach by phone or via email to advise her/him of the outcome. A copy of a formal letter will follow up this decision to the Head Coach and a copy of the appeal findings and recommendations.

5. Athlete Selection Procedure

- 5.1. Registration for the 2022 Selection Meet will be used as a declaration of the event(s) the athlete wants to be considered for team selection. Performances in the events done at the trials meet and the performances during the 2022 outdoor season in the same event(s) as those completed during the trials will be considered for selection. Team selection for relays will be made based on performances done during the outdoor season in 2022 and the 2022 Selection Meet, but athletes do not have to participate in the 100m or the 400m at the 2022 trials meet.
- 5.2. Winning an event at the Selection Meet is not a guarantee of selection.
- 5.3. Except in an extraordinary circumstance, the following process and order would normally apply to select team members:
 - 5.3.1. Approved by the Canada Games Coaching Committee, athletes excused to take part in the Selection Meet with "A" standard in 1500m, 5000m, and 3000m S/C.
 - 5.3.2. Athletes with "A" standards achieved during the Selection Meet.
 - 5.3.2.1. An event winner
 - 5.3.2.2. Second place finisher
 - 5.3.3. Winners with Performance standard "A" during the Qualifying Period.
 - 5.3.4. Second place with Performance standard "A" during the Qualifying Period.
 - 5.3.5. Athletes with "A" standards - unable to compete at the trials due to extenuating circumstances and approved by the Canada Games Coaching Committee.
 - 5.3.6. Athletes with "B" standards achieved during the Selection Meet.
 - 5.3.6.1. An event winner
 - 5.3.6.2. Second place finisher
 - 5.3.7. Performance standard "B" achieved during the Qualifying Period:
 - 5.3.7.1. An event winner
 - 5.3.7.2. Second place finisher
 - 5.3.8. Athletes with "B" standards - unable to compete at the trials due to extenuating circumstances and approved by the Canada Games Coaching Committee.
 - 5.3.9. "Minimum" Standard achieved during the Selection Meet:

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- 5.3.9.1. Winners of two (2) events at the trials (two wins at trials).
 - 5.3.9.2. Winner of one event and second in another event or two-second place finishes at the trials (one win and one second or two-second place finishes).
 - 5.3.10. Athletes with “minimum” standards during the qualifying period: additional athletes will be selected to fill the remaining events as selected by the coaching staff to put forward the most competitive team.
 - 5.3.11. Relay teams: A minimum of four (4) and up to six (6) athletes may be selected in each relay event:
 - 5.3.11.1. In the 4x100m relay, athletes must have at least “Minimum” standard in the 100m, 200m, 100mH/110mH; selection priority will be given to athletes excelling in the 100m sprint.
 - 5.3.11.2. In the 4x400m relay, athletes must have at least “Minimum” standard in the 400m, 200m, 800m and 400mH; selection priority will be given to athletes excelling in the 400m sprint.
 - 5.3.11.3. No athletes will be selected to the relay team outside of this procedure.
 - 5.4. Excluding relays, any ties will be broken in the following priority order:
 - 5.4.1. Head-to-Head result,
 - 5.4.2. 2nd best performance within the Qualifying Period
 - 5.4.3. Most recently achieved standard.
 - 5.5. Special Olympics:
 - 5.5.1. Two (2) of the male team positions are reserved exclusively for Special Olympics athletes, and two (2) of the female team positions are reserved exclusively for Special Olympics athletes.
 - 5.5.2. Events: 100m and 200 metres
 - 5.5.3. Team Selection will be based on results at the 2022 SONL Provincial Championships.
 - 5.6. Para-Athletics:
 - 5.6.1. Five (5) of the team positions are reserved exclusively for wheelchair track athletes. At a minimum, two (2) of the wheelchair track athletes must be female, and two (2) of the wheelchair track athletes must be male.
 - 5.6.1.1. Events: 100m, 400m, 1500 metres wheelchair
 - 5.6.1.2. The wheelchair track events will be contested in the open functional class (T54) only. T33, 34, 51, 52 or 53 class athletes are eligible for selection to their Provincial/Territorial team but will compete in the open class and will therefore compete for the same set of medals as all athletes entered in the event.
 - 5.6.1.3. Team Selection order:
 - 5.6.1.3.1. An event winner in two events at the Selection Meet.
 - 5.6.1.3.2. The remaining positions will be filled based on WPA score rankings in the open functional class (T54) at the Selection Meet.
 - 5.6.2. Two (2) of the team positions are reserved exclusively for para-athletes in the shot put or discus. One (1) of the athletes must be female, and one (1) of the athletes must be male.

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- 5.6.2.1. Note that the two (2) athletes competing in the para throw events MUST be different than those athletes competing in the wheelchair track events.
 - 5.6.2.2. Para Throwing events are open to all throwing classifications with results being calculated through the World Para Athletics (WPA) Points Scoring Tables or equivalent available in 2022. Males and females will not be combined.
 - 5.6.2.3. Team Selection: The athlete with the highest WPA score in the shot put or discus throw during the Trials will be selected to the team.
- 5.7. Team Announcement:
- 5.7.1. Athletes that have been preliminarily selected to the team will be notified by phone or via e-mail within 24 hours after the selection meeting. After all the preliminarily selected athletes have been notified, the preliminary team list will be posted online (www.nlaa.ca/track-and-field/canada-games/) with the headline – PRELIMINARY.
 - 5.7.2. The team will not become finalized until any/all appeals have been heard and dealt with. A final team list will be posted online (www.nlaa.ca/track-and-field/canada-games/) ASAP with the headline – FINAL.
 - 5.7.3. The NLAA will announce the final team list through established communication channels to the Department of Tourism, Culture, Arts and Recreation, NLAA website and media.

6. Amendments

- 6.1. NLAA reserves the right to amend this document at any time up to the Selection Date for changes imposed by parties external to NLAA or for changes that, in the opinion of NLAA, would improve or enhance the selection process.
- 6.2. Any changes made by NLAA are deemed to come into effect immediately upon publication on the NLAA website. Additional publication of the amended Selection Criteria will be made by whatever means and wherever the original Selection Criteria was published.

7. The 2022 Performance Standards:

Women			Event	Men		
Standard "A"	Standard "B"	"Minimum"		Standard "A"	Standard "B"	"Minimum"
12.19	13.38	14.09	100m	10.86	11.84	12.46
24.52	27.26	28.70	200m	21.70	24.40	25.69
56.89	1:05.41	1:08.86	400m	48.50	55.54	58.46
2:12.09	2:33.38	2:41.46	800m	1:51.79	2:05.99	2:12.63
4:28.57	5:05.95	5:22.06	1500m	3:54.40	4:15.43	4:28.88
17:37.30	19:57.05	21:00.06	5000m	14:52.40	16:07.86	16:58.80
14.53	15.98	16.83	100mH	14.96	16.43	17.30
1:02.35	1:08.56	1:12.17	400mH	54.70	59.80	1:02.95
11:00.99	11:43.64	12:20.68	3000m S/C	9:21.20	10:07.91	10:39.91
1.65m	1.50m	1.42m	High Jump	2.00m	1.79m	1.70m
5.59m	4.78m	4.54m	Long Jump	6.84m	6.12m	5.81m
11.54m	9.90m	9.40m	Triple Jump	14.17m	12.48m	11.85m
3.45m	3.25m	3.08m	Pole Vault	4.25m	3.60m	3.42m
12.76m	10.48m	9.95m	Shot Put	13.53m	11.24m	10.67m
41.57m	24.24m	23.02m	Discus	44.08m	36.14m	34.33m
40.70m	28.48m	27.05m	Javelin	58.77m	38.70m	36.76m
47.12m	37.36m	35.49m	Hammer	49.17m	36.33m	34.51m
4489pts	3736pts	3549pts	Heptathlon	---	---	---
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