

# MEET DAY RELAY TEAM ADJUSTMENT FORM

- PLEASE SUBMIT TEAMS WITH CHANGES ONLY (there is no need to confirm teams)
  - a) substitutions with an eligible athlete(s), b) change relay running order, and c) report TEAM scratches.
- An athlete can be a member of one relay team only.

**SCHOOL NAME:** \_\_\_\_\_

**SUBMITTED BY:** \_\_\_\_\_

**PLEASE CIRCLE OR CHECK CATEGORY:**          **Junior HS**          **Senior HS**

**Girls - Team A (bib & names in running order)**

1.

2.

3.

4.

**Boys - Team A (bib & names in running order)**

1.

2.

3.

4.

**Girls - Team B (bib & names in running order)**

1.

2.

3.

4.

**Boys - Team B (bib & names in running order)**

1.

2.

3.

4.

**Girls - Team C (bib & names in running order)**

1.

2.

3.

4.

**Boys - Team C (bib & names in running order)**

1.

2.

3.

4.